



Register for Royal Parks updates  
[www.royalparcs.org.uk/registerregents](http://www.royalparcs.org.uk/registerregents)

- Underground Station
- Bus Stop
- Car Parking
- Disabled Car Parking
- Disabled Toilets
- Public Toilets and Drinking Fountain
- Children's Toilets and Drinking Fountain
- Children's Play Area
- Viewing Point
- Café
- Seasonal Café
- Restaurant
- Drinking Fountain
- Jubilee Greenway
- Park features
- Public access sites (opening periods vary)
- Non public access sites

WALKING DISTANCE (APPROXIMATE MINUTES) 5 10

### SPORT & LEISURE

A wide range of sports are available in The Regent's Park and Primrose Hill including: tennis/netball courts, an athletics track, trim trail, cricket pitches and nets, softball, football and rugby pitches. In addition, there are four children's playgrounds each with an attendant, and boating on the main lake.

**The Hub** is a multi-sport venue for a host of community and sporting activities. Hub opening times: 7 days a week 8.30am and closes at the following times:

- January and February 5pm week days; 6.30pm weekends
- March and April 7pm throughout the week 9pm throughout the week
- September 8pm throughout the week
- October (BST) 7pm throughout the week (GMT) 5pm week days; 6.30pm weekends
- November and December 5pm week days; 6.30pm weekends
- Café open 7 days a week
- Summer opening times 9am – one hour before The Hub closes
- Winter opening times 9.30am – 4pm
- Licensed for alcohol.
- T: +44 (0)207 935 2458
- E: [thehub@royalparcs.gsi.gov.uk](mailto:thehub@royalparcs.gsi.gov.uk)
- [www.royalparcs.org.uk/thehub](http://www.royalparcs.org.uk/thehub)

**THE REGENT'S PARK TENNIS CENTRE** provides high quality tennis facilities and is accredited by the Lawn Tennis Association. Coaching courses available for children and for adults. Three tennis courts at York Bridge are also marked out for Netball with opportunities to accommodate more netball bookings at certain times. The café offers a selection of hot and cold snacks. Licensed for alcohol. T: +44 (0)207 486 4216 E: [feedback@wiltowin.co.uk](mailto:feedback@wiltowin.co.uk) [www.tennisintheparks.co.uk](http://www.tennisintheparks.co.uk)

### EATING & DRINKING

**THE GARDEN CAFE** is a newly refurbished 1960s building with large gardens offering restaurant or takeaway service. The consultant chef is Henry Harris. Menus change seasonally. Licensed for alcohol. Opening times: 7 days a week 9am and closes at the following times: November – March 4pm; April 6pm; May 7pm; June – September 8pm; October 6pm early month, 5pm late month. T: +44 (0)20 7935 5729 E: [info@thegardencafe.co.uk](mailto:info@thegardencafe.co.uk) [www.thegardencafe.co.uk](http://www.thegardencafe.co.uk)

**THE BOATHOUSE CAFÉ** is a family restaurant with a large terrace seating area, boats for hire for adults and children. Summer opening times 9am – 8pm Winter opening times 10am – 3pm T: +44 (0)20 8293 0703

**THE HONEST SAUSAGE** serves free-range sausages and bacon in organic bread, organic fair trade tea and coffee with a large outside seating area. Vegetarian options also available. Summer opening times 8am – 7pm Winter opening times 8am – 4pm E: [chiefpiggy@honestsausage.com](mailto:chiefpiggy@honestsausage.com) [www.honestsausage.com](http://www.honestsausage.com)

**THE COW & COFFEE BEAN** serves farm made dairy ice cream, real milk shakes, fair-trade tea, organic coffee, cream scones, sandwiches and treats. Summer opening times 9am – 8pm Winter opening times 10am – 3pm T: +44 (0)20 8293 0703

### QUEEN MARY'S GARDENS

Queen Mary's Gardens is a combination of the original Marnock and Burton design for the Royal Botanic Society. Roses are not the only treasure of the Gardens. The Delphinium border has full National Collection status. The Mediterranean Borders are well established, and the Begonia Garden is twice yearly planted with seasonal bedding. Shrubberies are strategically designed and located to add a sense of mystery and privacy to the Gardens. Further details are shown on dedicated Queen Mary's Gardens maps surrounding the Gardens.

### THE ROYAL PARKS OF LONDON

RAIL & TUBE STATIONS CLOSE TO THE ROYAL PARKS		
1 QUEENSWAY	13 HIDE PARK CORNER	23 BANES
2 HEDDINGTON	14 GREEN PARK	24 EAST PUTNEY
3 HAMPSTEAD	15 COVENTRY CROSS	25 HAYES
4 HANBLE ARCH	16 WESTMINSTER	26 GERRARD CROSS
5 BAKER STREET	17 JAMES PARK	27 BALYBUNNY
6 REGENT'S PARK	18 ST. JAMES'S PARK	28 MAZE HILL
7 ST. JAMES'S PARK	19 HAMPSTEAD	29 HAMPSTEAD
8 CHALK FARM	20 HAMPSTEAD	30 HAMPSTEAD
9 HAMPSTEAD	21 HAMPSTEAD	31 HAMPSTEAD
10 HAMPSTEAD	22 HAMPSTEAD	32 HAMPSTEAD
11 HAMPSTEAD	23 HAMPSTEAD	33 HAMPSTEAD
12 HAMPSTEAD	24 HAMPSTEAD	34 HAMPSTEAD
13 HAMPSTEAD	25 HAMPSTEAD	
14 HAMPSTEAD	26 HAMPSTEAD	
15 HAMPSTEAD	27 HAMPSTEAD	
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19 HAMPSTEAD	31 HAMPSTEAD	
20 HAMPSTEAD	32 HAMPSTEAD	
21 HAMPSTEAD	33 HAMPSTEAD	
22 HAMPSTEAD	34 HAMPSTEAD	

**PARK MANAGEMENT**  
 Nick Biddle  
 The Storeyard, Inner Circle,  
 Regent's Park, London, NW1 4NR  
 T: +44 (0)20 7486 7905  
 F: +44 (0)20 7224 1895  
 E: [regents@royalparcs.gsi.gov.uk](mailto:regents@royalparcs.gsi.gov.uk)

**CONTACTING POLICE**  
 T: 999 for emergencies  
 T: +44 (0)300 123 1212  
 for non-emergencies within the park.  
 You can also report a crime online at  
[www.online.met.police.uk](http://www.online.met.police.uk)  
 The park is open from 5am to dusk all  
 year round. The following park roads are  
 closed between midnight & 7am: Outer &  
 Inner Circle, Park Square East & West,  
 York Gate, Hanover Gate, Macclesfield  
 Bridge, Chester Road.

**THE ROYAL PARKS**  
[www.royalparcs.org.uk](http://www.royalparcs.org.uk)